



## **GOOD SHEPHERD CORE VALUES**

**One person is of more value than the world.**

**Goodness is inherent in the individual.**

**Within each person is the potential for change and growth.**

**Unjust systems must be challenged.**

**Through relationships people grow in self-understanding and self-esteem.**

**Young people develop best in an atmosphere of kindness and respect.**

**Respect for the customs and traditions of others is essential.**

**Young people do best when there is a partnership with them and their families.**

**Each person has a right to self-determination.**

**Young people do best when there is participation in decision making.**



# CABRINIAN CORE VALUES

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## Compassionate Service Dignity of the Person Stewardship Collaboration Ethical and Professional Behavior Excellence Courage

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**Compassionate Service** – The environment created by all within an institution reflects a personalized holistic service. The Christ-like nature of respect for the person, loving sensitivity to their needs and a spirit of hospitality is readily felt by those served. It is expressed in concerned giving of time and resources.

**Dignity of the Person** – The person is accepted and respected as a unique, self-determined human being, who is created by God for God; and entitled to personalized, holistic service, each one must be treated justly and fairly in all aspects of life without discrimination of sex, race, color, creed or economic conditions.

**Stewardship** – The resources of our facilities/ministries are valued as God-given, intended to be used for those we serve, especially the poor and vulnerable: material goods, environmental goods, individual gifts and talents, monetary resources, spiritual resources, especially Catholic/Cabrinian identity. These resources are to be guarded and replenished through prudent decisions to maintain financial viability, so that we may continue to render quality service. Individual gifts and talents, especially in youth are to be carefully utilized, encouraging development to their maximum potential.

**Collaboration** – All leadership, religious and lay, are committed to the principles of co-responsibility: open listening, credible/honest communication, respect of individual gifts and talents, as exhibited by the ability to establish, build and maintain positive relationships. There is shared responsibility for decision-making regarding the life and mission of the facility (i.e. spiritual, economic, work environment, resource allocation) and such sharing takes place on many levels, both human and organizationally.

**Ethical and Professional Behavior** – Decision are guided by Catholic values, a sense of justice, respect for integrity and consistent fairness. Individuals work from a personal and professional value base which is not compromised; thus ensuring that the moral character of the facility is constant and preserved.

**Excellence** – We constantly strive for the highest quality in everything we do. This is a persistent effort which consistently creates and achieves new standards of performance and service.

**Courage** – In the spirit of Mother Cabrini there is an openness to the “spirit of disponibilita,” which is shown by the courage to risk, the vision to respond to the changing times and needs of both the Church and community, and the availability to carry ideas into action.

# Community Covenant

Love

Respect

Honesty

Trust

Compassion

Support

Open-minded

Patience

“Present”

Engaged

Faith

Be who you are

Learning

Discernment/reflection

Acceptance

Flexibility

Reconciliation

Inclusivity



# Spirituality

- Everyone has unique perspectives on it
- Need to be aware of where God is in experiences
- Different expressions of spirituality – some clearer, some searching – yoga, journal, not one thing, drumming – something we all could relate to
- OK to express it in different ways, not just “prayer”, conversation
- Listening to others helped me get a better grasp on my own
- Slowing down and processing
- Open to interpretation
- Always changing and growing
- Importance of having an individual spiritual life as well as communal
- Importance of being intentional about it, no back burner
- OK not to be perfect
- OK to call each other out and remind each other to talk about it
- Trust and have peace that everything is part of the process
- Easier to appreciate the other when understand the journey/background – getting deeper in understanding others/community members
- Openness/honesty creates a sense of comfort and support
- Not always easy, will be hard to stick with it – do your best
- NOW is a good time to start



# Community

- Takes a great deal of compromise – need for flexibility with each other and safe environment to “try things”
- Need for verbal and nonverbal communication
- To be open and honest with one another
- To make sure we include each other on things that have to do with the whole community as well as to support one another in our won individuality so we don’t lose ourselves as being part of the whole
- Express concerns/check out so they don’t come out sideways – timing is important
- Sacrifice – to form something new that we all belong to
- To be respectful of one another’s choices
- Same respect/sense of dignity to honor the people you live/work with as we do those we serve
- Community has two parts: support AND challenge
- Need to be able to accept SOLITUDE – to keep this time for self to be able to give back
- The family that stays/prays together should also play together and vice versa
- Safety – be aware of where people are, when coming home, etc.
- Be genuine/who you are – let it out and create something together
- Don’t write people off – people can leave and return to the groove
- Even in a big group, you’ve not lost – always something to connect/relate to
- Allow people to surprise you with their own beat
- Different, but together
- Chaos can be constructive
- Give it time – don’t force it
- “Isn’t that curious?”
- Community is “letting go”





# Social Justice



- Trying to create equality
- Providing equal opportunity (e.g. education)
- Changing ideas as we see/experience more in our sites; “justice” fluctuating
- Advocating for God-given rights (not just people); promoting a “quality of life”
- Using all your gifts/talents to do whatever you can to promote justice
- There are many forms of injustice – change is best made when focus on one area of interest to you; you can’t do everything, and there is a sense of liberation in realizing that (Romero)
- Finding peaceful solutions and what’s best for the individual
- “Sometimes justice is not equal treatment” (Cornelia Connelly); example of glasses – some need it, some don’t; greater need requires greater response
- Being a voice for the voiceless – lobbying – we have the ability to speak out, others do not necessarily have this; help people use their own voice
- “Right Relationship” = nobody has what another person needs – includes the earth
- Not just work for justice, but also live justly
- Work against unjust laws – changes generation to generation

# Simplicity



- A mindset – finding joy/contentedness
- Aspire not to have more but to **BE** more (Romero)
- Using resources right in front of you
- Utility – being aware of what you are giving up by choosing one thing – best use of that money/time?
- Being simply who you are; being honest
- Try to remember not to judge harshly others not living simply according to **OUR** way of living it – not just **GSV/CMC** community but the world
- What simplicity is for me may not be the same for others
- Distinguishing what you want vs. what you need – and “needs” change
- Conscious act of solidarity with those in the world without as much of a choice/privilege. Living justly in an unjust world
- Appreciating the intangible in experience over the tangible
- Make an effort to remove the “clutter” that puts distance between us and God
- “Live simply so that others may simply live” (Gandhi)

# Ministry



- Serving is selfless
- Seeing each person's wholeness – keeping/forming relationships with people
- Relationship is  $\leftrightarrow$  not  $\updownarrow$
- “Let them be your servant too”
- Injustice to people if trying to “help/fix” – arrogance with this
- Serving as “empowering” those we serve/serve with – let them own their own dignity and use it to face challenges – help them use their own tools versus yours
- Service is the work of the soul – being in relationship – healing of both the “minister” and the “ministered to”
- Serve not because they're/we're broken, but because they're/we're holy – loved by God – “It's not enough to love them, they must know...” – Mary Euphrasia – sacredness of life (including own life)
- **PURPOSE:** to love – in the smallest ways and biggest ways to selves so that other people can see the love within us
- You're never done serving – fixing “ends” – mindset/attitude
- **PURPOSE:** learn, love, be loved and grow

# Other Words of Collective Wisdom

- Have faith in our community members – trust that we’re doing the best we can
- Simplicity of relationships – being real with each other
- It’s **REALLY OK** to make mistakes
- It **REALLY** is the small things that matter – built relationships transform outlook
- Reassured we’re not the 1st “overwhelmed” with support – and no one’s every been killed
- Scale – simplicity – may be the smile/hello that makes the different – we can all do this by simply being
- There are awesome things that will come out of this
- Listen to emotions, question – not necessarily work through it (i.e. keep busy)
- Reality check – wake-up call
- Social justice – living it out day to day – struggle
- Relationships we build is the most important thing
- Community will take time and that’s OK
- Challenges often make the most profound and lasting impact – continue to exercise thankfulness/gratitude for both the challenges and the joys
- Accepting people where they are
- Sometimes the visual – being with/experiencing with – **NOT** talking – can be powerful
- Giving up trying to “fix” – just accept and let it be
- Important to stress all the tenets – importance of seeing God in all things – even the difficult
- Even if there are problems – may be in the end we’ll still want to “meet up”
- It’s OK to ask questions
- How interconnected everything is
- Keep understanding others’ heart is in the right place

